



## Contemplating Leadership with Amanda Ridings

### A series of short reflective dialogues by conference call, from September 2021

The series is six purposeful 'breathing spaces' for a small group of leaders and practitioners, in which we will reflect on our leadership practice and reconnect with our leadership spirit. Together, we'll:

- Use pieces from my recent book, [Weekly Leadership Contemplations](#), as a framework for exploring our recent leadership experiences; and
- Enjoy the 'food for thought' generated by the sort of conversations with kindred spirits that may have recently been in short supply.

The monthly sessions will be 90 minutes in duration, scheduled for 4pm on a Wednesday afternoon to offer a precious yet practical oasis of companionship and thoughtful conversation. Places are limited to four.

The sessions are shaped by the four section headings from *Weekly Leadership Contemplations*. Over the series, you will choose a piece from each section as the basis for personal inquiry. The pieces are around 600 words long (a 3-minute read), supported by contemplation questions to stimulate reflection. In our calls we'll share individual experiences and insights and collectively explore any themes that arise, aiming to sow seeds that germinate and continue grow between sessions.

The dates and themes are:

1. Wednesday 22 September 2021, 4pm - 5.30pm: gathering, check-in, scene setting
2. Wednesday 20 October 2021, 4pm - 5.30pm: self-leadership
3. Wednesday 24 November 2021, 4pm - 5.30pm: leadership in conversations
4. Wednesday 12 January 2022, 4pm - 5.30pm: leadership perspectives
5. Wednesday 9 February 2022, 4pm - 5.30pm: leading and learning
6. Wednesday 9 March 2022, 4pm - 5.30pm: harvesting and closing

The fee for the programme is £450 per person, payable on booking. Until 30 June 2021, there is an early bird price of 6 sessions for the price of 5, giving a programme fee of £375. You will also need a copy of *Weekly Leadership Contemplations*.

For the conference calls, my facility provides local numbers for dialling in from many countries. To check your location or to request a booking form, please contact me at [Amanda@originate.org.uk](mailto:Amanda@originate.org.uk) or via LinkedIn.

Amanda Ridings

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